Effective September 1st, 2023

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
6:00AM	KM1 - Basics	SL1 - Intro to Fight*	KM1/2				
7:00AM							
8:00AM						KM2 - Intermediate	
9:00AM						Intro to Weapons*	
10:00AM						Ground Survival	
11:00AM		KM1/2	КМ2/3	KM1/2		KM1 - Basics	
12:00PM							
4:00PM					Combat Cardio		
4.00PW					Compat Cardio		
5:00PM	KM1 - Basics	KKM1	ККМЗ	KKM1	KM1 - Basics		
5.00FW	RIVII - Dasics	(All Ages)	(All Ages)	(All Ages)	RIVIT - Dasies		
6:00PM	KM3 - Advanced	KM1 - Basics	SL2 - Fight Basics**	KM3 - Advanced			
0.00PW	Kivis - Auvanceu	KIVII - DASICS	SLZ - Fight Basics	Kivis - Auvanceu			
7:00PM	KM2 - Intermediate	Ground Survival	KM1 - Basics	Combat Cardio			
7.00PW		Ground Survival	KIVIT - DUSICS	Combat Cardio			
8:00PM		KN12 Advanced		KN2 Intermediate			
5:00PIVI		KM3 - Advanced		KM2 - Intermediate			

ALPHA ROOM

BRAVO ROOM

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00AM						
9:00AM						KravYoga
10:00AM						KKM Open (All Ages)
11:00AM						КМ3/4
12:00PM						
5:00PM	KKM1 (Ages 6-9)	KKM2 (All Ages)	KKM1 (Ages 6-9)	KKM2/3 (All Ages)		
6:00PM	KKM1 (Ages 10-13)	KravFit	KKM1 (Ages 10-13)	KM1 - Basics		
7:00PM	SL3 - Advanced Combatives***	KravYoga / Stretch & Core	KM2 - Intermediate	SL1 - Intro to Fight*		
8:00PM	KM4/5 - Expert II	KM1/2		KM4 - Expert I		

*10 or more KM1 - Basics classes required

**Successful completion of Level 1 test and instructor approval required

***Successful completion of Level 2 test and instructor approval required

Effective September 1st, 2023

Wednesday Thursday Monday Tuesday Friday Saturday 6:00AM KM1 - Basics SL1 - Intro to Fight* KM1/2 7:00AM 8:00AM KM2 - Intermediate 9:00AM Intro to Weapons* 10:00AM Ground Survival 11:00AM KM1/2 км2/3 KM1/2 KM1 - Basics 12:00PM 4:00PM **Combat Cardio** KKM1 ккм3 KKM1 5:00PM KM1 - Basics KM1 - Basics (All Ages) (All Ages) (All Ages) 6:00PM KM3 - Advanced KM1 - Basics SL2 - Fight Basics** KM3 - Advanced 7:00PM KM2 - Intermediate **Ground Survival** KM1 - Basics **Combat Cardio** 8:00PM KM3 - Advanced KM2 - Intermediate

ALPHA ROOM

BRAVO ROOM

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00AM						
9:00AM						KravYoga
10:00AM						KKM Open (All Ages)
11:00AM						КМ3/4
12:00PM						
5:00PM	KKM1 (Ages 6-9)	KKM2 (All Ages)	KKM1 (Ages 6-9)	KKM2/3 (All Ages)		
6:00PM	KKM1 (Ages 10-13)	KravFit	KKM1 (Ages 10-13)	KM1 - Basics		
7:00PM	SL3 - Advanced Combatives***	KravYoga / Stretch & Core	KM2 - Intermediate	SL1 - Intro to Fight*		
8:00PM	KM4/5 - Expert II	KM1/2		KM4 - Expert I		

*10 or more KM1 - Basics classes required

**Successful completion of Level 1 test and instructor approval required

***Successful completion of Level 2 test and instructor approval required